

How to Get in Touch

Join us:

Last Tuesday of each month 11am-1pm **Top Floor of Hazeldine House, Central Square, Telford, TF3 4JL**Opposite The Thomas Botfield (Weatherspoons)

Lift available

Parking:

Outside on pay and display or at Cherry Pink car park and then a short walk over the blue bridge.

Telephone:

07732 336174

Visit our Website:

www.jaynesargent.co.uk

Email:

hello@jaynesargentfoundation.org.uk



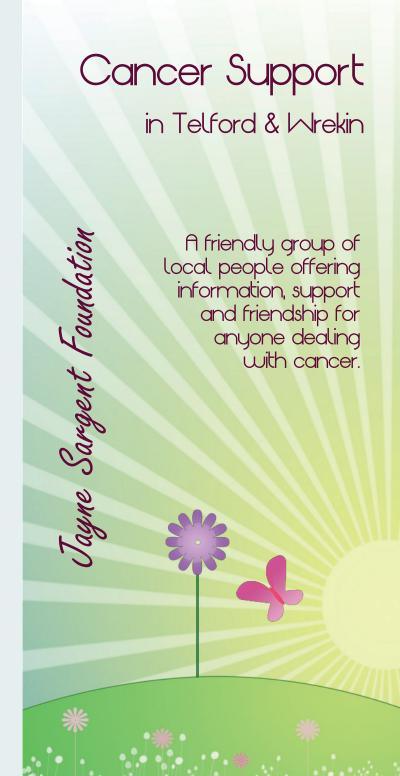
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@jaynesargenttf



Jayne Sargent Foundation, c/o Unit B3, Dawley Bank Industrial Estate, Telford, TF4 2BA



Your local support group in Telford

Whether you have been recently diagnosed, just out of treatment or in remission we welcome you to your local cancer support group in Telford.

We are a friendly group of local people offering support and understanding, who share your concerns and feelings.

We meet on the last Tuesday of every month at Hazeldine House in central Telford from 11am-1pm and invite you to join us. There's no need to book, just come along on your own or with a partner or friend.

Join us for a cup of tea, a slice of cake and support from others who know what you are going through.

- **☆** Monthly support group on the last Tuesday of each month 11am-1pm at Hazeldine House in central Telford
- Lunch meet on the second Thursday of each month at various venues (see facebook for details)
- Days and evenings out
- Complementary therapy services

Who we are

Jayne Sargent Foundation was set up in March 2014 in memory of Jayne Sargent a local businesswoman, wife, mother and grandmother.

Her family wanted to help others from their experiences and so set up the support group. It is run as a self-funded charity.

Mhat our friends say

'I have been coming to the group since it started and it gives me something to look forward to and I meet people who are in the same situation as myself.'

'The monthly meetings have helped me come to terms with the effects of cancer surgery. They offer support, signposting and activities to enable people to move forward with their lives.'

'We are a friendly group and discuss many things to improve our health and wellbeing.'







Support and understanding with others who share your concerns and feelings